
Stress Echocardiogram

Preparation for this test is important. Please read the instructions carefully and call our office if you have any questions.

PLEASE ARRIVE 15 MINUTES PRIOR TO YOUR APPT TIME
Patients arriving after their scheduled appointment time will be rescheduled.

- ❖ Comfortable clothing and shoes should be worn. You will be asked to remove everything from the waist up to allow the sonographer access to areas needed for the exam. Please do **NOT** wear heels, boots, sandals, flip-flops, jumpsuits, overalls or dresses.
- ❖ DO NOT have caffeine or smoke after midnight.
- ❖ DO NOT apply body lotion or oils to the chest area the day of the exam.
- ❖ DO NOT eat or drink 4 hours prior to the test. (You can drink a small amount water)
- ❖ Continue your medications unless otherwise instructed by your physician.

Date: _____ Time: _____

Patients with a financial obligation of greater than \$100 will receive a pre-visit courtesy call informing them of the estimated amount to be collected upon arrival.