

## **Baylor Scott & White Health Plano Health Community**

**Community Health Implementation Strategies 2022** An Action Plan for the Community Health Needs Assessment



# Plano Health Community hospitals





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### **Executive summary**

As the largest not-for-profit healthcare system in Texas, Baylor Scott & White Health (BSWH) understands the importance of serving the health needs of its communities. To do that successfully, BSWH is constantly surveying patients, their families and neighbors to understand the issues they face when it comes to making healthy life choices and healthcare decisions.

In early 2022, a BSWH task force led by the community benefit, tax compliance and corporate marketing departments began assessing the current health needs of all the communities served by BSWH hospitals. IBM Watson Health analyzed the data for this process and prepared a final report made publicly available in June 2022.

The Plano Health Community is home to:

- Baylor Scott & White Medical Center Plano
- Baylor Scott & White The Heart Hospital Plano

The community served by the hospital includes Collin, Dallas, Denton, Grayson and Fannin counties. The community served was based on the contiguous ZIP codes within the associated counties that made up nearly 80% of the hospital facilities' inpatient admissions over the 12-month period of FY20.

BSWH and IBM Watson Health examined more than 59 public health indicators and conducted a benchmark analysis of this data, comparing the community to overall state of Texas and US values. A community focus group, including a representation of minority, underserved and indigent populations, provided input for a qualitative analysis. Group



interviews with key community leaders and public health experts provided depth and context to the report.

Any community needs that did not meet state benchmarks were included in a magnitude analysis index. Understanding the degree of difference from the benchmark helped determine the relative severity of the issue. The outcomes of this quantitative analysis were aligned with the qualitative findings of the community input sessions to elicit a list of health needs in the community. These health needs fell into one of four quadrants within a health needs matrix: high data/low qualitative, low data/low qualitative.

Hospital and clinic leadership, along with community leaders, reviewed the matrix in a session that established a list of significant prioritized needs. The session included an overview of the community demographics, a summary of health data findings and an explanation of the quadrants of the health needs matrix.

Those health needs falling into the "high data/high qualitative" quadrant were considered the most significant and in need of the most attention. Each session attendee identified and prioritized six needs. The most significant health needs emerged from this process.

## Letter to the community

Baylor Scott & White is committed to improving health in the communities we serve. As part of that commitment, we conduct a Community Health Needs Assessment (CHNA) every three years and report on our community's current health needs. We also provide the Community Health Implementation Strategies report, which is our plan for addressing the identified needs.

We are pleased to present the 2022 implementation strategies for the Plano Health Community, a companion piece to the CHNA that provides plans for addressing our most pressing health needs. The CHNA for the health community hospital facilities incorporates input from influencers such as key stakeholders, area residents, faith-based organizations, healthcare providers, neighborhood association leaders, elected officials, health professionals, hospital and system leaders, the medically underserved, and others.

The full report can be found at BSWHealth.com/CommunityNeeds.

As part of the largest not-for-profit health system in Texas, we take our commitment to the Plano Health Community very seriously. By working with community organizations and residents, we have identified and will focus on some of the toughest problems plaguing our most vulnerable residents.

Sincerely,

**Plano Health Community Hospitals** 

## Plano Health Community implementation strategies

The overall purpose of the implementation strategies is to align the hospitals' charitable mission, program services and limited resources with the findings of the CHNA. To meet the requirements under IRC Section 501(r)(3) and the Texas Health and Safety code Chapter 311, the written implementation strategies include the following:

- A list of the prioritized needs the hospital plans to address and the rationale for not addressing other significant health needs identified
- Actions the hospital intends to take to address the chosen health needs
- The anticipated impact of these actions and the plan to evaluate such impact (e.g., identify data sources that will be used to track the plan's impact)
- Identification of programs and resources the hospital plans to commit to addressing the health needs
- Description of any planned collaboration between the hospital and other facilities or organizations in addressing the health needs

## Plano Health Community needs

The following health concerns are identified in priority order based on the results of the CHNA.

Priority	Need	Category of need
1	Access to mental healthcare (providers/services)	Access to care/mental health
2	Access to primary healthcare providers	Access to care
3	Obesity	Conditions/diseases
4	Housing insecurity	Environment
5	Elderly/social isolation	Environment
б	Food insecurity	Environment
7	Transportation	Environment

The facilities listed below collaborated to develop these joint implementation strategies addressing the significant health needs identified above. Hospital leadership selected the following health needs to confront in collaboration with the community and based on the anticipated impact, available hospital and clinic resources, and the expertise of the respective facilities.

#### **Community needs addressed**

Facility	Access to mental healthcare (providers/resources)	Access to primary healthcare providers	Food insecurity
Baylor Scott & White Medical Center - Plano	4	<b>A</b>	4
Baylor Scott & White The Heart Hospital - Plano		<b>_</b>	<b>J</b>

## Implementation strategies

Baylor Scott & White Medical Center - Plano

#### Priority need 1: Access to mental healthcare (providers/resources)

Planned programs/ strategies	<ul> <li>Mental health screening in the emergency department; tele-psych services available for evaluations</li> <li>Telehealth services addressing mental health needs available virtually 24/7 via the MyBSWHealth app</li> <li>Referrals to mental health providers</li> <li>Cash and in-kind contributions to other not-for-profit community organizations</li> <li>Provide free and/or discounted care to financially or medically indigent patients as outlined in the financial assistance policy</li> </ul>
Anticipated impacts	<ul> <li>24/7 access to appropriate psych evaluation</li> <li>Appropriate care provided to and referrals for behavioral health patients</li> <li>Improved ease of access</li> <li>Improved patient knowledge around mental health</li> </ul>
Hospital resources	<ul> <li>Financial support</li> <li>In-Kind donations</li> <li>Outreach/health education materials</li> <li>Staff time</li> <li>Supplies</li> </ul>
Community partner(s) involved in the work	<ul> <li>LifePath</li> <li>My Possibilities</li> <li>Other not-for-profit organizations that provide mental health resources</li> </ul>
Outcome measures	<ul> <li>Referrals to community resources</li> <li>Number of tele-psych referrals and visits</li> <li>Number of behavioral health Telehealth referrals and appointments via the MyBSWHealth app</li> <li>Amount of financial and in-kind contributions</li> <li>Number of people receiving financial assistance; unreimbursed cost of care</li> </ul>

#### Baylor Scott & White The Heart Hospital - Plano

#### Priority need 1: Access to mental healthcare (providers/resources)

Planned programs/ strategies	<ul> <li>Provide depression screenings for all emergency department patients</li> <li>Telehealth appointments for behavioral/mental health via the MyBSWHealth app</li> <li>Cash and in-kind contributions to other not-for-profit community organizations</li> <li>Provide free and/or discounted care to financially or medically indigent patients as outlined in the financial assistance policy</li> </ul>
Anticipated impacts	<ul> <li>Increased access to mental healthcare providers and resources</li> <li>Improved health outcomes over time</li> <li>Increased likelihood of early diagnosis and referrals for depression</li> </ul>
Hospital resources	<ul> <li>Financial support</li> <li>In-kind donations</li> <li>Outreach/health education materials</li> <li>Meeting space/virtual platform</li> <li>Staff time</li> <li>Supplies</li> </ul>
Community partner(s) involved in the work	<ul> <li>Health Services of North Texas</li> <li>Veterans Center of North Texas</li> </ul>
Outcome measures	<ul> <li>Referrals to community resources</li> <li>Number of mental health appointments via the MyBSWHealth app</li> <li>Number of depression screenings</li> <li>Amount of financial and in-kind donations</li> <li>Number of people receiving financial assistance; unreimbursed cost of care</li> </ul>

#### Baylor Scott & White Medical Center - Plano

Filonty need 2. Acc	ess to primary hearthcare providers
Planned programs/ strategies	<ul> <li>Referrals for uninsured patients to Baylor Scott &amp; White Douglass Community Clinic - Plano to serve as their medical home to manage chronic conditions</li> <li>Clinical training program to prepare nurses and other allied health for the medical workforce</li> <li>Enrollment services to assist in the qualification of the medically underserved</li> <li>Partnership with St. Vincent de Paul Pharmacy to qualify uninsured patients for no-cost prescriptions</li> <li>Clinical and community health research and studies on healthcare delivery that are generalizable, shared with the public and funded by the government or a tax-exempt entity, including any of the entities in this health community</li> <li>Cash and in-kind contributions to other not-for-profit community organizations</li> <li>Provide free and/or discounted care to financially or medically indigent patients as outlined in the financial assistance policy</li> </ul>
Anticipated impacts	<ul> <li>Improved health outcomes</li> <li>Increased availability of healthcare providers in a medically underserved area</li> <li>Improved access to care, such as Medicaid, Medicare, SCHIP and other government programs or charity care programs for use in any hospital within or outside the hospital</li> <li>Increased access to primary care and/or specialty care for indigent people regardless of their ability to pay</li> </ul>
Hospital resources	<ul> <li>Financial support</li> <li>Staff time</li> <li>In-kind donations</li> <li>Supplies</li> <li>Outreach/health education materials</li> </ul>
Community partner(s) involved in the work	<ul> <li>Baylor Scott &amp; White Douglass Community Clinic - Plano</li> <li>My Possibilities</li> <li>Wellness Center for Older Adults</li> <li>St. Vincent de Paul Pharmacy</li> <li>Area colleges and universities</li> </ul>
Outcome measures	<ul> <li>Referrals to community resources</li> <li>Number of patients served</li> <li>Number of students trained</li> <li>Number of people certified for insurance programs</li> <li>Amount of financial and in-kind contributions</li> <li>Number of people receiving financial assistance; unreimbursed cost of care</li> </ul>

#### Priority need 2: Access to primary healthcare providers

#### Baylor Scott & White The Heart Hospital - Plano

Phoney need 2. Acc	tess to primary heartricare providers
Planned programs/ strategies	<ul> <li>Clinical training program to prepare nurses and other allied health for the medical workforce</li> </ul>
	<ul> <li>Partnership with St. Vincent de Paul Pharmacy to qualify uninsured patients for no-cost prescriptions</li> </ul>
	<ul> <li>Cash and in-kind contributions to other not-for-profit community organizations</li> </ul>
	<ul> <li>Provide free and/or discounted care to financially or medically indigent patients as outlined in the financial assistance policy</li> </ul>
Anticipated	Improved health outcomes
impacts	<ul> <li>Increased availability of healthcare providers in a medically underserved area</li> </ul>
	<ul> <li>Improved access to care, such as Medicaid, Medicare, SCHIP and other government programs or charity care programs for use in any hospital within or outside the hospital</li> </ul>
	<ul> <li>Increased access to primary care and/or specialty care for indigent people regardless of their ability to pay</li> </ul>
Hospital	<ul> <li>Financial support</li> </ul>
resources	In-Kind donations
	<ul> <li>Outreach/health education materials</li> </ul>
	<ul> <li>Staff time</li> </ul>
	<ul> <li>Supplies</li> </ul>
Community	Health Services of North Texas
partner(s) involved	St. Vincent de Paul Pharmacy
in the work	<ul> <li>Area colleges and universities</li> </ul>
Outcome	<ul> <li>Referrals to community resources</li> </ul>
measures	<ul> <li>Number of patients served</li> </ul>
	<ul> <li>Number of students trained</li> </ul>
	<ul> <li>Amount of financial and in-kind contributions</li> </ul>
	<ul> <li>Number of people receiving financial assistance; unreimbursed cost of care</li> </ul>

#### Baylor Scott & White Medical Center - Plano Baylor Scott & White The Heart Hospital - Plano

#### Priority need 6: Food insecurity

Planned programs/ strategies	<ul> <li>Cash and in-kind contributions to other not-for-profit community organizations existing to increase access to food for the community</li> </ul>
Anticipated impacts	Increased access to reliable food sources through community service organizations
Hospital resources	Financial support
Community partner(s) involved in the work	<ul><li>North Texas Food Bank</li><li>Minnie's Food Pantry</li></ul>
Outcome measures	<ul> <li>Number of people served</li> <li>Outcomes reported by partnering organizations</li> <li>Amount of financial contributions</li> </ul>

## **Community needs not addressed**

BSWH provides a wide range of needed healthcare services and community benefits through adherence to its mission, using its resources and capabilities, and remaining a strong organization. By focusing on our strengths and allocating our resources appropriately, we can achieve a greater impact in the communities we serve.

Needs not addressed:

- Obesity
- Housing insecurity
- Elderly/social isolation
- Transportation

There are multiple community and state agencies whose expertise and infrastructure are better suited for meeting the needs not addressed in the Community Health Implementation Strategies. Therefore, BSWH leadership has opted to focus its resources on the listed priorities for the betterment of the community.

## **Program evaluation**

All community benefit activities align with community benefit goals by adhering to BSWH's policies and procedures. This ensures appropriate governance of the activities outlined in these Community Health Implementation Strategies. The hospitals evaluate programs and activities on a regular basis to ensure the appropriate use of staff time and hospital resources.

To support the hospital's community benefit objectives, requests for contributions from other unrelated 501(c)(3) charitable organizations managed by the community benefit department are considered, and those activities addressing a priority need in the community are given preference. All charitable giving is reviewed and approved annually by hospital leadership and the BSWH governing board.

BSWH regularly assesses, evaluates and reports on the programs addressing the significant needs found in identified communities. Regular conversations with community members, feedback on this plan, and modifying programs and services enhance the opportunities patients have to connect to community resources. As a result, these hospital facilities achieve a reduction in unnecessary healthcare costs and improved delivery of overall quality of care.

Please direct any feedback on the assessment or implementation plan to CommunityHealth@BSWHealth.org.

This document may be accessed at **BSWHealth.com/CommunityNeeds**.



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